

Guest Speaker Bios

Dr. Jane Emmerée (Em-er-ray) is a health promotion specialist for GatorWell Health Promotion Services at the University of Florida's Student Health Care Center. She has worked in college health for over 15 years focusing primarily on stress management, body image, eating disorders, weight management, and wellness programming. She received her Master's degree in health promotion from the University of Georgia and her Ph.D. in health behavior from the University of Florida. Dr. Emmerée also currently serves as the Chair of the Health Promotion Section for the American College Health Association. In her spare time she loves to garden and ride her bike on the Hawthorne trail.

David Janicke is an assistant professor in the Department of Clinical and Health Psychology at UF. He is originally from Minnesota and received his Ph.D. in clinical psychology from Virginia Tech in 2001. His primary clinical and research interests are in child health psychology, with an emphasis on behavioral interventions for pediatric chronic health conditions. He is the primary investigator for the University of Florida Healthy Lifestyles Program, a two-year, NIDDK funded healthy lifestyles and weight management program for children and families in rural settings. He is also a co-investigator on the UF Women's Weight Loss Program.

Matthew S. Kaplan, Ph.D., is associate professor of Intergenerational Programs and Aging in the Department of Agricultural and Extension Education, at The Pennsylvania State University. In this position, he provides statewide leadership in the development and evaluation of intergenerational programs. Dr. Kaplan has published several books, including one for teachers and community educators, entitled "Side-by-Side: Exploring Your Neighborhood through Intergenerational Activities," and two books that explore the international dimension of intergenerational work: "The Role of Intergenerational Programs for Supporting Children, Youth and Elders in Japan" (with A. Kusano, I. Tsuji, and S. Hisamichi, published by SUNY Press in 1998) and "Linking Lifetimes: A Global View of Intergenerational Exchange" (with N. Henkin and A. Kusano, published by University Press of America, 2002). He was co-founder of organizations in Hawaii and in New York aimed at supporting intergenerational programs and policies on a statewide level. Dr. Kaplan's Ph.D. is in Environmental Psychology from the City University of New York Graduate Center.

Karin Kratina is a noted international speaker, author and nutrition therapist who has a master's degree in exercise physiology, a graduate certificate in gender studies and a PhD in cognitive anthropology from the University of Florida. She has specialized in the treatment of those with eating and weight issues since 1983, and currently is the Nutrition Coordinator for the Eating Disorders Program at the University of Florida, has a private practice in Gainesville, Florida, and is a consultant for Green Mountain at Fox Run. Dr. Kratina has written three books and numerous book chapters related to healing eating and weight struggles. The second edition of her book Moving Away From Diets: Healing Eating Problems and Exercise Resistance was released in 2003. In 1999, she received the prestigious Excellence in Practice Award in Disordered Eating/Obesity from the American Dietetic Association.